

September 1 - September 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1
			Turkey Ham and Provolone Cheese
			on Sliced Italian Bread-1
			Potato Salad Cup-3/4 c.
			Mixed Fruit Cup-1/2 c.
			Milk-8 oz.
5	6	7	8
LABOR DAY CLOSED	Turkey Ham and Swiss Cheese	Grilled Chicken	Sliced Chicken and Cheese on a
	on W/G Potato Bread-1	Parmigiana-4 oz.	W/G Kaiser Roll-1
	Potato Salad Cup-3/4 c.	Green Beans-3/4 c.	Celery Sticks w/ Dip-3/4 c.
	Mixed Fruit Cup-1/2 c.	Mixed Fruit Cup-1/2 c.	Fresh Apple-1
	Milk-8 oz.	Whole Wheat Dinner Roll	Milk-8 oz.
		Milk-8 oz.	
12	13	14	15
Spaghetti and Meatballs-8 oz.	All Beef Italian Sub-1	Meatloaf w/ Ketchup-3 oz.	Beef Salami and Cheese on
Broccoli Florets-3/4 c.	American Cheese)	Roasted Potato Medley-3/4 c.	Sliced Italian Bread-1
Applesauce Cup-1/2 c.	Cold Corn Cup-3/4 c.	Whole Grain Bread	Black Bean and Corn Salad-3/4 c.
Whole Wheat Dinner Roll	Fresh Orange-1	Fresh Banana-1	Applesauce Cup-1/2 c.
Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
19	20	21	22
Chicken Fingers-3	Sliced Chicken and Provolone on a	Swedish Meatballs-3 oz.	All Beef Italian Sub-1
Corn-3/4 c.	W/G Kaiser Roll-1	Roasted Potato Medley-3/4 c.	(Beef Bologna, Salami, and Amer
Fresh Orange-1	Celery Sticks w/ Dip-3/4 c.	Whole Grain Bread	Cheese on W/G Sub Roll-1)
Whole Wheat Dinner Roll	Fresh Apple-1	Fresh Apple-1	Fresh Baby Carrots w/ Dip-1 c.
Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Pineapple Cup-1/2 c.
			Milk-8 oz.
26	27	28	29
All Beef Hot Dog on a Whole	BREAKFAST FOR LUNCH	Cheese Ravioli with	Turkey Ham and Swiss Cheese
Wheat Hot Dog Bun-1	French Toast Sticks w/ Syrup-3	Meat Sauce-5 oz..	on W/G Potato Bread-1
Vegetarian Beans-3/4 c.	Turkey Sausage Links-3 oz.	Broccoli Florets-3/4 c.	Potato Salad Cup-3/4 c.

Fresh Banana-1	Celery Sticks w/ Dip-3/4 c.	Whole Grain Bread	Mixed Fruit Cup-1/2 c.
Milk-8 oz.	Diced Pear Cup-1/2 c.	Diced Peach Cup-1/2 c.	Milk-8 oz.
	Milk-8 oz.		

Cresthaven Academy
Lunch

FRIDAY	
	2
Sliced Chicken and Cheese on a	
W/G Kaiser Roll-1	
Celery Sticks w/ Dip-3/4 c.	
Fresh Apple-1	
Milk-8 oz.	
	9
DOMINOS W/G PIZZA SLICE-1	
Romaine Salad w/ Dressing-1 1/2 c.	
Applesauce Cup-1/2 c.	
Milk-8 oz.	
	16
DOMINOS W/G PIZZA SLICE-1	
Romaine Salad w/ Dressing-1 1/2 c.	
Diced Peach Cup-1/2 c.	
Milk-8 oz.	
	23
DOMINOS W/G PIZZA SLICE-1	
Romaine Salad w/ Dressing-1 1/2 c.	
Mandarin Orange Cup-1/2 c.	
Milk-8 oz.	
	30
DOMINOS W/G PIZZA SLICE-1	
Romaine Salad w/ Dressing-1 1/2 c.	
Applesauce Cup-1/2 c.	

Milk-8 oz.

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