

Cresthaven Academy
Lunch

March 1 - March 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
		Turkey Meatballs with sauce Brown Rice-3/4 c. Whole Grain Bread Fresh mandarin Orange-1 Milk-8 oz.	Turkey and Cheese on a W/G Potato Bread-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	3x5 Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Pear-1 Milk-8 oz.
SCHOOL CLOSED PD	8	9	10	11
	Sliced Chicken and swiss chesse on a Whole Wheat Kaiser Roll-1 Romaine Salad Cup with Dressing-1 1/2 c. Fresh Green Apple- 1 Milk-8 oz.	All Beef Hot Dog on a Whole Wheat Bun-1 Vegetarian Beans-3/4 c. Fresh Pear-1 Milk-8 oz.	Grilled Chicken Wrap w/ Shredded Lettuce and Cheddar Cheese on a 10" Wheat Wrap-1 Celery Sticks w/ Dip-3/4 c. Fresh Green Apple- 1 Milk-8 oz.	3x5 Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Mandarin Orange-1 Milk-8 oz.
14	15	16	17	18
All Beef Hamburger on a Whole Wheat Bun-1 Green Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	Turkey and Provolone cheese on a W/G Sub Roll-1 Cold Corn Cup-/4 c. Fresh Pear-1 Milk-8 oz.	Spaghetti and Meatballs Whole Wheat Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	Italian Sub--4 oz. (Turkey Ham, Beef Salami and Provolone Cheese on a Whole Wheat Sub Roll-1) Fresh Baby Carrots w/ Dip-1 c. Fresh Mandarin Orange-1/Milk-8 oz.	3x5 Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Banana-1 Milk-8 oz.
21	22	23	24	25
W/G Chicken Fingers-3 Corn-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	Beef Bologna and cheese on a Whole Wheat Kaiser Roll-1 Black Bean and Corn Salad-3/4 c. Fresh Orange-1 Milk-8 oz.	BREAKFAST FOR LUNCH French Toast Sticks w/ Syrup-3 Turkey Sausage Links-3 oz. Carrot Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	Turkey Breast and Provolone W/G Potato Bread-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Green Apple-1 Milk-8 oz.	3x5 Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Mandarin Orange-1 Milk-8 oz.
28	29	30	31	
Meatball Parmigiana Sub on a Whole Grain Sub Roll-1 Corn-3/4 c. Diced Peach Cup-1/2 c. Milk-8 oz.	Turkey and Cheese on a Whole Wheat Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Pear-1 Milk-8 oz.	Chicken Alfredo over Rotini Pasta-5 oz. Sliced Cucumber Cup w/ Dip-3/4 c. Fresh Banana-1 Whole Grain Bread Milk-8 oz.	Sliced Chicken and swiss chesse on a Whole Wheat Kaiser Roll-1 Romaine Salad Cup with Dressing-1 1/2 c. Fresh Green Apple- 1 Milk-8 oz.	