

Cresthaven Academy June 2024

Lunch

Sunda	Monday	Tuesday	Wednesday	Thursday	Friday	Saturd
		<i>All of our food is made fresh Daily.</i>				
2	3 W.G Pancakes 2ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea	4 Stuffed Cheese Sticks 2ea Marinara Sauce 2oz Broccoli 3/4C Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz	5 Beef and Cheese Burrito 1ea Rice w/ Black Beans 1/2c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	6 Popcorn chicken 12ea-3.36 oz- Graham Crackers 2pk Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz	7 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	8
9	10 Homemade Ziti w/ Meat Sauce 6oz Wrapped WW Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	11 Baked Chicken Sticks 8ea Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	12 Meatballs w/ Marinara Sauce 3ea Wrapped WW Hot Dog Bun 1ea 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	13 French Toast Sticks 3ea-3oz Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz Maple Syrup PC 1ea	14 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	15
16	17 All Beef Hot Dog on a WW Bun 1ea Maple Baked Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea PC Mustard 1ea	18 Crispy Chicken Breast on Whole Wheat Bun 3oz Corn 3/4 Cup Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	19	20 Turkey and American Cheese on a Whole Wheat Roll 1ea Large Bag Baby Carrots 3/4c Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea PC Mustard 1ea	21 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	22
23	24 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar .5 oz Spanish Rice 1/2c Bag Baked Tostitos Scoops 1ea Graham Crackers 3pk Apple Sauce Cup 1/2C 1% Milk 8oz	25 W.G Chicken Nuggets 5ea Wrapped WW Mountain Roll 1ea Tater Tots 1/2c Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	26	27	28	29
30						