## Cresthaven Academy

## Lunch

## February 2024

|       | Lunch February 2024                               |  |  |  |  |          |  |
|-------|---|--|--|--|--|----------|--|
| Sunda | Monday  | Tuesday                                | Wednesday  | Thursday                                     | Friday                                 | Saturday |  |
|       |   |  |  |  |  |          |  |
|       |   |  |  |  |  |          |  |
|       |   |  | Our Factors of Walls and Barre of                            |  |  |          |  |
|       |   | All of our food is made fresh          | Our Featured Wellness Item of<br>the month is highlighted in |  |  |          |  |
|       |   | Daily.                                 | orange.  |  |  |          |  |
|       |   |  |  | 1  | 2                                      | 3        |  |
|       |   |  |  | Beef and Cheese Burrito 1ea                  | Whole Wheat Pizza 1ea                  |          |  |
|       |   |  |  | Black Beans 3/4c                             | Cauliflower 3/4 Cup                    |          |  |
|       |   |  |  | Bagged Baby Carrots 1/2c                     | 100% Orange Juice 4oz                  |          |  |
|       |   |  |  | Fresh Banana 1ea                             | 1% Milk 8oz                            |          |  |
|       |   |  |  | 1% Milk 8oz<br>Fat Free Chocolate or Skim    | Fat Free Chocolate or Skim<br>Milk 8oz |          |  |
|       |   |  |  | Milk 8oz                                     | Wilk 602                               |          |  |
|       |   |  |  |  |  |          |  |
| 4     | 5   | 6                                      | 7 PTC  | 8  | 9                                      | 10       |  |
|       | Baked Chicken Patty on a                          | Cheese Quesidilla 3 oz                 | Lasagna Rollette w/ Marinara                                 | W.G Waffle 1ea                               | Whole Wheat Pizza 1ea                  |          |  |
|       | Whole Wheat Bun 1ea                               | Red Beans 3/4 cup                      | Sauce 1ea  | Turkey Sausage Links 3ea                     | Green Beans 3/4 Cup                    |          |  |
|       | Honey Glazed Whole Baby                           | Fresh Orange 1ea<br>1% Milk 8oz        | Wrapped WW Mountain Roll<br>1ea                              | Baked Home Fries 3/4 Cup<br>Fresh Banana 1ea | 100% Orange Juice 4oz<br>1% Milk 8oz   |          |  |
|       | Carrots 3/4 Cup<br>100% Grape Juice 4oz           | Fat Free Chocolate or Skim             | Spinach 3/4 Cup  | 1% Milk 8oz                                  | Fat Free Chocolate or Skim             |          |  |
|       | 1% Milk 8oz                                       | Milk 8oz                               | 100% Fruit Punch 4oz   | Fat Free Chocolate or Skim                   | Milk 8oz                               |          |  |
|       | Fat Free Chocolate or Skim Milk                   |  | 1% Milk 8oz  | Milk 8oz                                     |  |          |  |
|       | 8oz   |  | Fat Free Chocolate or Skim Milk                              | PC Maple Syrup 1ea                           |  |          |  |
| 11    | PC Ketchup 1ea<br>12                              | 13                                     | 807<br>14  | 15   | 16 SCHOOL CLOSED                       | 17       |  |
|       | Sloppy Joe on W/W Hamburger                       | **                                     | Homemade Ziti w/ Meat Sauce                                  |  | TO SCHOOL CLOSED                       | .,       |  |
|       | Bun 4 oz  | Mashed Potatoes 3/4 Cup                | 60z  | Whole Wheat Bun 3oz                          |  |          |  |
|       | Maple Baked Beans 3/4 Cup                         | Fresh Orange 1ea                       | Wrapped Whole Wheat Bread                                    | Corn 3/4 Cup                                 |  |          |  |
|       | 100% Fruit Punch 4oz                              | 1% Milk 8oz                            | 1ea  | Fresh Orange 1ea                             |  |          |  |
|       | 1% Milk 8oz                                       | Fat Free Chocolate or Skim             | Broccoli 3/4C  | 1% Milk 8oz                                  |  |          |  |
|       | Fat Free Chocolate or Skim Milk<br>8oz            | PC Ketchup 1ea                         | 100% Apple Juice 4oz<br>1% Milk 8oz                          | Fat Free Chocolate or Skim<br>Milk 8oz       |  |          |  |
|       |   | To Releitop Tea                        | Fat Free Chocolate or Skim Milk                              |  |  |          |  |
| 10    | 10 COULOU CLOSED                                  | 20                                     | 807  | 22   | 23                                     | 0.4      |  |
| 18    | 19 SCHOOL CLOSED                                  | 20<br>Baked Chicken Sticks 8ea         | 21<br>Macaroni and Cheese 60z                                | French Toast Sticks 3ea-3oz                  | Whole Wheat Pizza 1ea                  | 24       |  |
|       |   | Wrapped WW Mountain Roll               | Wrapped WW Mountain Roll                                     | Turkey Sausage Links 3ea                     | Green Bean/Wax Bean Blend              |          |  |
|       |   | 1ea                                    | 1ea  | Baked Home Fries 3/4 Cup                     | 3/4 cup                                |          |  |
|       |   | Sliced Carrots 3/4 Cup                 | Broccoli 3/4C  | Fresh Banana 1ea                             | 100% Orange Juice 4oz                  |          |  |
|       |   | Fresh Pear 1ea                         | 100% Fruit Punch 4oz   | 1% Milk 8oz                                  | 1% Milk 8oz                            |          |  |
|       |   | 1% Milk 8oz                            | 1% Milk 8oz<br>Fat Free Chocolate or Skim Milk               | Fat Free Chocolate or Skim                   | Fat Free Chocolate or Skim             |          |  |
|       |   | Fat Free Chocolate or Skim<br>Milk 8oz | 8oz  | PC Maple Syrup 1ea                           | Milk 8oz                               |          |  |
|       |   | PC Ketchup 1ea                         |  |  |  |          |  |
| 25    | -   | 27                                     | 28   | 29   |  |          |  |
|       | W.G Pancakes 2ea                                  | Crispy Chicken Breast on               | Homemade Baked Ziti 6oz                                      | Stuffed Cheese Sticks 2ea                    |  |          |  |
|       | Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup | Whole Wheat Bun 3oz<br>Corn 3/4 Cup    | Wrapped Whole Wheat Bread<br>1ea                             | Marinara Sauce 2oz<br>Sliced Carrots 3/4 Cup |  |          |  |
|       | 100% Fruit Punch 4oz                              | Fresh Orange 1ea                       | Spinach 3/4 Cup  | Fresh Banana 1ea                             |  |          |  |
|       | 1% Milk 8oz                                       | 1% Milk 8oz                            | 100% Grape Juice 4oz   | 1% Milk 8oz                                  |  |          |  |
|       | Fat Free Chocolate or Skim Milk                   | Fat Free Chocolate or Skim             | 1% Milk 8oz  | Fat Free Chocolate or Skim                   |  |          |  |
|       | 8oz   | Milk 8oz                               | Fat Free Chocolate or Skim Milk                              | Milk 8oz                                     |  |          |  |
|       | PC Maple Syrup 1ea                                | PC Ketchup 1ea                         | 8oz  |  |  |          |  |
| 0.1   | 1   | 1                                      | 1  | 1  | 1                                      |          |  |