



A SERVICE OF THE UNION COUNTY  
BOARD OF CHOSEN FREEHOLDERS

**UNION COUNTY**  
*We're Connected to You!*

www.ucnj.org  
Twitter Facebook YouTube

Compiled by:



**Mental Health  
Association**  
in New Jersey, Inc.

**2017—2018 Quick Reference Guide: Mental Health & Addiction Services in Union County**

**24 Hour Emergency  
Psychiatric Services**

Mobile Community Outreach  
908-994-7131

Trinitas Regional Medical Center  
908-994-7131

Union County Mobile Response  
& Stabilization (Children)  
PerformCare  
877-652-7624

Overlook Hospital  
908-522-2000

RWJ University Hospital - Rahway  
732-381-4200

Need Help?  
Dial 2-1-1

**MENTAL HEALTH SERVICES**

**Adult Inpatient Psychiatric  
Services**

Carrier Clinic.....800-933-3579  
Greystone, Morris Plains.....973-538-1800  
Overlook, Summit.....908-522-2281  
Cornerstone, Berkeley Heights.908-790-5300  
Summit Oaks, Summit.....908-522-7071  
Trenton Psychiatric, W. Trenton.....609-633-1500  
Trinitas Regional, Elizabeth.....908-994-7251  
VA NJ, Lyons.....908-647-0180

**Children's Services**

**Child/Family Therapy and Medication Mgt.**  
Performcare.....877-652-7624  
CenterPath Wellness.....908-756-6870  
Cooperative Counseling Services.....908-731-7100  
The Lamberts Mill Academy.....908-233-7581  
**Day Treatment/After School Therapeutic Treatment**  
Trinitas Regional MC.....908-994-7722  
**Division of Child Protection & Permanency (DCPP)**  
Cranford.....908-497-1488  
Elizabeth.....908-820-3000  
Plainfield.....800-847-1750  
**Family Support for Children and Parents  
Families & Community**  
Together (FACT).....908-789-8500  
Family Support Organization.....908-755-0090  
Youth Advocate Program (YAP).....973-624-1520  
**Grief Counseling**  
Imagine-A Ctr for Coping w/Loss.....908-264-3100  
**Home Based Services**  
Cooperative Counseling Ser.....908-731-7100  
Family & Children's Services.....908-352-7474  
Family Preservation Services.....973-372-8079  
United Fam. & Children's Society.908-755-4848  
**Inpatient Hospital Treatment**  
Summit Oaks Hospital, Ages 5-17.....908-522-7071  
Trinitas Regional MC.....908-994-7712  
**Outpatient Treatment (See Counseling Section)**  
UC Youth Service Bureau.....908-558-2520  
Volunteers of America.....732-827-2444  
**Residential Treatment**  
Davis House, Ages 5-10.....973-485-3314  
New Point Residential  
Treatment.....908-994-7395

**Supervised and Therapeutic Visitation**  
Cooperative Counseling Ser....908-731-7100  
Family and Children's  
Services.....908-352-7474

**Screening**

Trinitas Regional Medical  
Center (Adult).....908-994-7131  
UC Mobile Response (Children)  
.....877-652-7624

**Community Support**

**Children & Family**  
Child Behavioral Health Services,  
Performcare.....877-652-7624  
**Deaf & Hard of Hearing**  
Access Center, Voice TTY.....800-792-8339  
**Family Support & Education, Mental Illness**  
NAMI of Union County.....908-233-1628

**HIV/AIDS**

EIP Support Services, Trinitas Regional  
Medical Center.....908-994-7123  
Iris House.....908-561-5057  
**Homeless 24 Hour Hotline**....908-756-6061  
**Homeless Persons, Mental Illness**  
Homeless Outreach of Bridgeway...908-289-7330  
**Integrated Case Management Service (ICMS)**  
Mount Carmel Guild.....908-497-3927  
**Intensive Family Support Services (IFFS)**  
Mental Health Association in NJ in Union  
County.....908-810-1001  
**Involuntary Outpatient Commitment (IOC)**  
Trinitas Regional MC.....908-994-7543

**Mental Health Services**

Mental Health Association  
in NJ.....866-202-4357  
**Program of Assertive Community  
Treatment (PACT), Bridgeway**  
PACT 1, Elizabeth.....908-352-0242  
PACT 2, Plainfield.....908-791-0505  
PACT 3, Union.....908-688-5400  
**Self-Help Clearing House**  
Statewide Information.....800-367-6274  
**Supportive Education Services**  
Bridgeway/UMDNJ.....908-687-9666  
**Supportive Employment Services**  
Bridgeway.....908-686-2956  
**Supportive Housing Services**  
Bridgeway.....908-249-4100  
**Transportation**  
UC Paratransit System.....908-659-5000  
**Treatment Linkage & Case Mgt. Services**  
TLC Program – Trinitas.....908-994-7543  
**Wellness Respite Services**  
Collaborative Support Programs of NJ  
Middlesex County.....732-354-4403  
Passaic County.....862-239-9896

**Counseling**

CenterPath Wellness.....908-756-6870  
117 Roosevelt Ave., Plainfield  
Children's Specialized  
Hospital.....908-233-3720  
150 New Providence Rd., Mountainside  
Cooperative Counseling Ser.....908-731-7100  
1050 Rt. 22 West, Mountainside  
407 Chestnut Street, Union  
Counseling Center for  
Human Development.....908-276-0590  
201 Lincoln Ave. East, Cranford  
Family Resource Center.....908-276-2244  
300 North Ave. East, Cranford  
Family and Children's  
Services.....908-352-7474  
40 North Ave., Elizabeth  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
Jersey Behavioral Care.....908-291-2727

**Counseling, continued**

Jewish Family Services.....908-352-8375  
655 Westfield Ave., Elizabeth  
Mount Carmel Guild Child/Family Outpatient,  
Medication Monitoring.....908-497-3968  
108 Alden St., Cranford  
Overlook Hospital, Family Service  
of Summit.....888-247-1400  
46-48 Beauvoir Ave., Summit  
PROCEED(Hispanic).....908-469-3200  
1126 Dickinson Pl., Elizabeth  
Resolve Community Counseling  
Center.....908-322-9180  
1830 Front St., Scotch Plains  
Summit Oaks Hospital.....908-522-7071  
19 Prospect St., Summit  
Trinitas Regional Medical Center  
Adults.....908-994-7556  
654 East Jersey St., Elizabeth  
Children.....908-994-7223  
655 East Jersey St., Elizabeth  
United Family and  
Children's Society.....908-755-4848  
305 West 7th St., Plainfield  
Youth and Family  
Counseling.....908-233-2042  
233 Prospect St., Westfield

**SUBSTANCE USE DISORDER  
SERVICES**

**Co-occurring Partial Care**

Bridgeway Rehabilitation  
Services.....908-355-7200  
CenterPath Wellness.....908-756-6870  
High Point.....908-788-5979  
Trinitas Regional  
Medical Center.....908-994-7556

**Union County CLEAR**

Community Law Enforcement Addiction  
Recovery.....855-825-3275

**Detox—Adult**

Bergen Regional Medical Center.....800-730-2762  
230 East Ridgewood Ave., Paramus  
New Hope Integrated BHCare.732-946-3030  
80 Conover Road, Marlboro  
Summit Behavioral Health .....855-855-9199  
1000 Galloping Hill Road, Union  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Turning Point, Inc.....973-239-9400  
680 Broadway Ave., Suite 104, Paterson

**Detox—Adolescent**

New Hope Integrated BHCare.732-946-3030

**Halfway House — Female**

Alfre/Mrs. Wilson's.....973-540-0116  
Anderson House.....908-534-5818

**Halfway House — Male**

New Hope Integrated BHCare.732-946-3030

**Intensive Outpatient Services**

Bridgeway Rehabilitation  
Services.....908-355-7200  
567 Morris Ave., Elizabeth  
CenterPath Wellness.....908-756-6870  
117 Roosevelt Ave., Plainfield  
Counseling Center at Clark.....732-882-1920  
60 Walnut Avenue, Suite 200, Clark  
Enterprise Alliance Group.....908-289-0700  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
High Point.....908-788-5979  
Organization for Recovery.....908-769-4700  
519 North Ave., Plainfield

**Intensive Outpatient Services,  
Continued**

Summit Behavioral Health .....855-855-9199  
1000 Galloping Hill Road, Union  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Trinitas Regional MC.....908-994-7556  
655 East Jersey St., Elizabeth

**Interim Managing Entity (IME)  
1-844-276-2777**

Referral and authorization for addiction  
treatment -Medicaid & State contracts

**Intoxicated Driver Resource  
Center**

Union County .....908-527-4791

**Medicated Assisted Treatment**

Lennard Clinic.....908-352-0850  
Organization for Recovery.....908-769-4700  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

**Outpatient Services—Adult**

Arise Counseling Services.....908-400-8463  
Bridgeway Rehabilitation  
Services.....908-355-7200  
CenterPath Wellness.....908-756-6870  
Counseling Center at Clark.....732-882-1920  
Gateway Ctr for Counseling.....908-665-1000  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
High Point.....908-788-5979  
Intervention Specialists.....908-289-0700  
Jersey Behavioral Care.....908-291-2727  
Life Options Counseling.....732-770-5627  
Organization for Recovery.....908-769-4700  
PROCEED, Inc.....908-469-3200  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

**Outpatient Services—  
Adolescents**

High Focus.....800-877-3628  
PROCEED, Inc.....908-469-3200

**Short Term Residential Rehab  
Adult**

CURA Inc.....973-622-3570  
47 Lincoln Park, Newark  
New Hope Integrated BHCare.732-946-3030  
80 Conover Rd., Marlboro  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Turning Point, Inc.....973-239-9400  
Barnet Medical Arts Complex, Paterson

**Short Term Residential Rehab  
Adolescent**

Day Top New Jersey.....973-543-5656  
New Hope Integrated BHCare.732-946-3030

**Referral, Prevention Education,  
Early Intervention**

NJ Connect for Recovery (Opioids).....  
855-652-3737  
Prevention Links.....732-381-4100  
REACH NJ.....844-732-2465  
Union County Local Advisory Committee on  
Alcoholism and Drug Abuse  
(LACADA).....908-527-4844

**Behavioral Health Services**

**Developmentally Disabled**

ARC of Union County.....973-315-0000  
Children's Specialized Hospital..908-233-3720  
Community Access Unlimited..908-354-3040  
Inroads to Opportunities.....908-241-7200  
Jewish Family Services.....908-352-8375

**Developmentally Disabled,  
Continued**

NJ Division of Developmental  
Disabilities.....888-285-3036  
Our House, Inc.....908-464-8008  
Trinitas Integrated Services  
Delivery Team.....908-497-0922  
Trinitas Crisis Assessment Response and  
Enhanced Services (CARES)..888-393-3007

**Elder Citizens**

Adult Protective Services.....908-497-3902  
Alzheimer's/Dementia Jewish  
Family Services.....908-352-8375  
Care to Caregivers.....800-424-2494  
Holy Redeemer Home Care.....908-352-5694  
Jewish Family Services.....908-352-8375  
Retired Senior Volunteers  
(RSVP).....908-352-8375  
SAGE Eldercare.....908-273-5550  
Senior Citizens Council.....908-964-7555  
Trinitas Regional Med. Ctr.....908-994-7556  
Union County Division on  
Aging.....908-527-4870/4858  
S-COPE.....855-718-2699  
**Elder Citizens - DAY CARE**  
JFK Adult Medical Day Program.....908-912-1910  
SAGE Spend A Day.....908-598-5520  
WISE Center, Union.....908-687-2995

**Family Violence**

Domestic Violence Hotline.....908-355-HELP  
Central Jersey Legal Services, Inc.  
.....908-354-4340  
Counseling Center for Human Dev.  
Choices for Women.....908-276-0590  
Family Resource Center.....908-276-2244  
Incest and Rape.....908-233-7273  
Jewish Family Services.....908-352-8375  
Trinitas Regional  
Medical Center.....908-994-7556  
Victim/Witness Program.....908-527-4596  
YWCA of Eastern of UC.....908-355-1500

**Legal Services**

Bridgeway Justice  
Involved Services.....908-994-8544  
Central Jersey Legal  
Services, Inc.....908-354-4340  
60 Prince St., Elizabeth  
Community Health  
Law Project.....908-355-8282  
65 Jefferson Ave., Elizabeth

**Organizations**

Collaborative Support Programs  
(CSP).....732-780-1175  
Depression & Bipolar  
Support Alliance.....800-826-3632  
International Obsessive Compulsive  
Foundation.....617-973-5801  
Mental Health Association in NJ  
State Headquarters.....973-571-4100  
Union County Office.....908-810-1011  
NAMI, NJ.....732-940-0991  
NAMI, Union County.....908-233-1628  
NARSAD Research Alliance for Schizophrenia  
& Depression.....800-829-8289  
NJ Division of Vocational Rehabilitation  
.....908-965-3940  
NJ Psychiatric Association.....908-588-3540  
NJ Psychological Association..973-243-9800  
Supportive Housing Association of NJ  
.....908-931-1131  
Union County Medical Society.908-789-8603  
UC Mental Health Board.....908-527-4846

**Rehabilitation Centers and  
Psychiatric Day Programs**

Bridgeway.....908-355-7200  
CenterPath Wellness.....908-756-6870  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
Inroads to Opportunities.....908-241-7200  
Mount Carmel Guild.....908-497-3968  
Social Clubhouse.....973-376-2500  
Summit Oaks Hospital.....908-522-7071

**Day Programs, continued**

Trinitas Regional  
Medical Center.....908-994-7556  
654 East Jersey St., Elizabeth

**Residential Services**

**Residential Healthcare Facilities (RHCF)**  
Elizabeth House.....908-355-3406  
Park Hotel.....908-754-2211  
St. Rita.....908-757-3579  
**Supervised Group Homes, Apartments  
and Supportive Housing**  
Bridgeway Supportive  
Housing.....908-249-4100  
SERV.....800-987-7378  
Volunteers of America.....732-827-2453  
**Sober Living**  
Flynn House.....908-351-2265  
Oxford Houses.....www.njoxfordhouse.org  
Community Access Homeshare  
Program.....908-354-3040 x4272

**Special Telephone Services**

AA-Alcoholics Anonymous.....800-245-1377  
Al-ANON.....888-944-5678  
Caring Contact, Inc.....908-232-2880  
Child Abuse.....800-792-8610  
Council on Compulsive Gambling  
.....800-GAMBLER  
Domestic Violence.....908-355-HELP  
HIV Hotline.....800-624-2377  
NA-Narcotics Anonymous.....800-992-0401  
NAR-ANON.....732-591-1827  
Nat. Runaway Crisis Line.....800-RUNAWAY  
Nat. Suicide Hotline.....800-273-8255  
Need Help? Dial 2-1-1.....2-1-1  
NJ Connect (Opioid Helpline).....855-652-3737  
NJ Hopeline (Suicide Prevention).....855-654-6735  
NJ MentalHealthCares Helpline.....866-202-4357  
NJ Quitline (Smoking).....866-657-8677  
Peer Recovery Warmline.....877-292-5588  
Rape Crisis 24 Hour Hotline.....908-233-7273  
REACH NJ (Opioid).....844-732-2465  
2nd Floor Youth Helpline.....888-222-2228  
NJ VET 2 VET Hotline.....866-838-7654

**Support Systems**

MHANJ's Intensive Family Support Services  
(IFSS) (Mental Illness).....908-810-1001  
Rape Crisis Center Advocacy  
Program.....908-233-7273  
**Consumers of Mental Health Services**  
MHANJ's Consumer  
Connections.....848-480-0916  
MHANJ's Esperanza Self Help Center  
Hispanic.....908-810-1001  
MHANJ's Peer Outreach Support Team  
(POST) (Mental Illness).....908-810-1001  
New Beginnings Self Help Center,  
Elizabeth.....908-352-7830  
Park Avenue Self Help Center,  
Plainfield.....908-757-1350



**Mental Health  
Association  
in New Jersey, Inc.**

**NJMentalHealthCares (NJMHC)**, a service  
provided by the Mental Health Association  
in New Jersey, is New Jersey's first com-  
prehensive behavioral health management  
helpline and website, serving professionals  
and the general public. Calls are answered  
by professional behavioral healthcare spe-  
cialists who provide supportive counseling,  
assessment of presenting problems and  
information and referral.

Service is live 8am-10pm, Monday-Friday  
Messages left during off hours are returned  
on the next business day.

**NJMentalHealthCares  
Helpline  
1-866-202-HELP(4357)  
(TTY 1-877-294-4356)**