

Cresthaven Academy  
Breakfast

January 1 - January 29

## *What's Cooking Today?*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  <b>HAPPY NEW YEAR</b>
4	5	6	7	8
Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Alphabets Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	Fresh Apple-1 W/G Raspberry Muffin-2 oz. W/G Honey Scooters Cereal-1 oz. Milk-8 oz.	Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. Superdonut-3 oz. Milk-8 oz.	Fresh Orange-1 W/G Strawberry Shredded Wheat Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	Diced Pear Cup-1/2 c. 100% Grape Punch-4 oz. W/G Honey Graham Toasters Crl-1 oz. Apple Breakfast Bar-1 Milk-8 oz.
11	12	13	14	15
Diced Peach Cup-1/2 c. 100% Orange/Tang/Juice-4 oz. Cinnamon Frosted Flakes Crl-1 oz. Strawberry Breakfast Bar-1 Milk-8 oz.	Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Rice Chex Cereal-1 oz. W/G Lemon Muffin-2 oz. Milk-8 oz.	Fresh Apple-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	Fresh Orange-1 W/G Cinn. Toasters Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	Golden Apple-1 W/G Multigrain Cheerios-1 oz. W/G Apple Muffin-2 oz. Milk-8 oz.
18	19	20	21	22
Peach Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Fruity Cheerios-1 oz. Apple Breakfast Bar-1 Milk-8 oz.	Mixed Fruit Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Raisin Bran Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	Fresh Orange-1 W/G Superdonut-2 oz. Milk-8 oz.	Strawberry Applesauce Cup-1/2 c. 100% Orange/Tang. Juice-4 oz. W/G Alphabets Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.
25	26	27	28	29
Fresh Apple-1 W/G Strawberry Pop Tart-2 Milk-8 oz.	Mandarin Orange Cup-1/2 c. 100% Orange/Tang/Juice-4 oz. W/G Blueberry Muffin-2 oz. W/G Cinn. Toasters Cereal-1 oz. Milk-8 oz.	Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	Fresh Apple-1 W/G Apple Jacks Cereal-1 oz. W/G Strwbrry Waffle Grahams-2 Milk-8 oz.	Fresh Orange-1 W/G Multigrain Cheerios-1 oz. W/G Corn Muffin-2 oz. Milk-8 oz.